

How to Lead a Family Devotion

Don't be nervous. If you can talk to your kids, then you can lead them in a devotion. Family devotions are just fun conversations about God.

Step 1: Choose a time.

Be realistic. If you are not in the habit of having a family devotion, plan to have devotions once a week. Pick a time when your children are attentive and not too tired. You might even try going for a drive to get ice cream and having your devotion on the drive!

Step 2: Choose a topic/activity/book

What do you want to share with your children? You can pick an area where the family seems to be struggling (kindness) or a Bible topic you want them to know. (How do we know the Bible is true?). If you are not sure what to share, then choose a family devotion book that has fun ideas.

Step 3: Decide how you are going to present the topic.

Will you read and discuss? Is there a game that could teach the point? Maybe everyone can work on some type of art project when you are talking. Just be sure that whatever you plan has an element of fun and keep it short. Children will remember better what is taught in small doses. Just be sure to share at least one scripture and end in prayer.

Step 4: Do It!

If having family devotions is a new idea, then it may seem strange at first. Do it anyway. Corral your kids together and just start talking. If you have a fun activity, your kids will love it. If you feel like you may be talking a lot, give them something to do such as drawing a picture or eating a snack while you share.

There is no perfect way to lead family devotions. The important thing is to just do it. Some days you will feel successful and other days you will need to develop a new plan. However, as you commit to leading your family in spiritual discussions and prayers, you will see God move in the lives of your children.

