

# Children's Ministries

## Basic Health and Wellness Policy

### GENERAL WELLNESS POLICIES

- Children must be symptom free from the following illnesses without medication for 24 hours before entering the ministry area:
  - Conjunctivitis (pink eye or other eye infection)
  - Cold
  - Constant runny nose
  - Diarrhea
  - Fever of 100° Fahrenheit / 38° Celsius or higher
  - Hard or excessive cough
  - Lice
  - Open sores
  - Sore throat
  - Undiagnosed rashes
  - Vomiting
  - Wheezing or shortness of breath
- If a child becomes ill or sick during ministry time, they will be immediately isolated from the group until the parent/guardian is contacted and arrives.
- Children's ministries will administer only Band-Aids and ice packs.
- If a child has a severe allergies, requiring an epi-pen, please provide one to the children's ministry leader. The epi-pen will be stored in a secure location in the ministry area in a container with the child's name printed on it.
- Snacks may be distributed during ministry times. Snacks will be served prepackaged or presorted. Children are required to wash or sanitize their hands before and after eating their snack.
- Due to potential allergies among our children, outside food and drinks (other than water and baby formulas) will not be permitted in the ministry area with our prior approval.
- Adults, as well as children, must wash their own hands after going to the restroom, at a sink or with hand sanitizer.
- Peanut butter and nut products should never be allowed in the ministry areas.
- An information card/form should be on file for all children, stating any allergies, dietary restrictions, and special needs.
- Parents should not go beyond the reception area.

### NURSERY

- Adults must wash their own hands after changing a diaper.
- Supplies should always be kept within reach of the changing table. Children should not be left unattended on the changing table.
- Parents should bring sufficient diapers and a change of clothes for their child. Remember to include a plastic bag for soiled clothes.
- All of the child's belongings should be labeled, i.e. diaper bag, bottle, pacifier, etc.
- A nursing mother's room should be available.
- Children should be retrieved immediately following classes and services.
- No baby will be released to anyone but the parents/guardian unless written permission has been given.
- No solid food will be fed to babies during the nursery session.